

# FEBRUARY

LUNCH 9-12

**MON**

**TUE**

**WED**

**THU**

**FRI**

**5**

\*Crispy Chicken Sandwich or Cheesy  
\*Enchiladas (V) with Beans

**6**

\*Orange Chicken Bowl or \*Tofu Bowl (V) with Mixed Vegetables or \*Asian Chicken Salad

**7**

\*Beef and Beans Burrito or Cheesy  
\*Nachos (V) with Corn

**8**

Chicken and \*Waffles or Mac and Cheese (V) with Broccoli or \*Italian Chicken salad

**9**

\*Cheese (V) or Pepperoni Pizza or \*Grilled Cheese Sandwich (V) with Baby carrots

**12**

\*Cheeseburger or \*Grilled Cheese Sandwich (V) with Potato Wedges

**13**

\*Bean + Cheese Pupusa (V) or \*Bean and Cheese Burrito (V) with Mixed Vegetables or \*Chicken Caesar salad

**14**

Lasagna rollup in pink sauce (V)  
Seasoned carrots  
Strawberry Milk  
\*Heart Cookie

**15**

Housemade \*Chicken Taco Bowl or \*BRC Taco Bowl (V) with Beans or \*Southwest Chicken salad

**16**

\*Cheese (V) or Pepperoni Pizza or Cheesy  
\*Nachos (V) with Broccoli

**19**



**20**

\*Teriyaki Chicken Bowl or \*Edamame Bowl (V) with Mixed Vegetables or \*Chef salad with croutons

**21**

\*Beef and Cheese Taco Stick or BRC Burrito (V) with Corn

**22**

Chicken Parmesan or Cheese Ziti (V) with Broccoli or \*Asian Chicken salad

**23**

\*Cheese (V) or Pepperoni Pizza or \*Cheesy Pull-aparts (V) with Baby carrots

**26**

\*Hamburger or \*Grilled Cheese Sandwich (V) Potato Wedges

**27**

\*Orange Chicken Bowl or \*Tofu Bowl (V) with Seasoned carrots or \*Chicken Caesar salad

**28**

\*Chicken Tamale or \*Bean and Cheese Burrito (V) with Beans

**29**

\*Chicken Chow Mein or \*Edamame Chow Mein (V) with Mixed Vegetables or \*Italian Chicken salad

**March 1**

\*Cheese (V) or Pepperoni Pizza or \*Pizza Bagels (V) with Broccoli

Menu items subject to change based on product availability

All meals are served with fruit and choice of milk

This is a equal opportunity institution

\*Indicates a Whole Grain item

V = vegetarian entree offered

# FEBRUARY

## BREAKFAST



MON

TUE

WED

THU

FRI

5

Double  
Chocolate  
Muffin or  
Cereal Bowl  
(Cheerio)

6

Pan Dulce  
(Vanilla) or  
Cereal Bowl  
(TRIX)

7

Low-fat  
Yogurt  
+ Granola or  
Sunrise Muffin

8

Cinnamon  
Crumble  
Cake or  
Cereal Bowl  
(Cocoa Puffs)

9

Apple Frudel  
or  
Chocolate Chip  
Muffin

12

Cereal Bar  
+ Cheese stick  
or  
Sunrise Muffin

13

Fun  
+ Fruity  
Waffles or  
Cereal Bowl  
(Cheerio)

14

Pan  
Dulce (Pink)  
or Cereal  
Bowl  
(TRIX)

15

Cereal bowl  
(Cinnamon Toast  
Crunch) with  
Graham crackers or  
Chocolate Chip  
Muffin

16

Cinnamon  
Rolls  
or  
Cereal Bowl  
(Cocoa Puffs)

19



20

Cinnamon  
Crumble  
Cake or  
Cereal Bowl  
(Cinnamon Toast  
Crunch)

21

Chocolate  
Waffles or  
Sunrise  
Muffin

22

Sweet Potato  
Chocolate  
chip Muffin top  
or Cereal Bowl  
(TRIX)

23

Breakfast  
Grilled  
Cheese  
Sandwich or  
Chocolate Chip  
Muffin

26

Low-fat  
Yogurt  
+ Granola or  
Cereal Bowl  
(Cheerio)

27

Cereal bowl  
(Corn Flakes)  
+ Graham  
crackers or  
Sunrise Muffin

28

Blueberry  
Muffin  
or Cereal  
Bowl  
(TRIX)

29

Pan Dulce  
(Pink) or  
Cereal  
Bowl  
(Cocoa Puffs)

1

Maple (Turkey)  
Sausage  
Breakfast  
Sandwich or  
Chocolate Chip  
Muffin

Menu items subject to change based on product availability

All meals are served with fruit and choice of milk

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All Breakfast items are Whole Grain and Vegetarian except the Maple sausage sandwich

All Cereal bowls are served with a side of graham crackers